

Marion County Influenza Situation Report 2025-2026 Seasonal Influenza Week 1 (January 4, 2026 – January 10, 2026)



Marion County Public Health Department, IN 2026-01-12

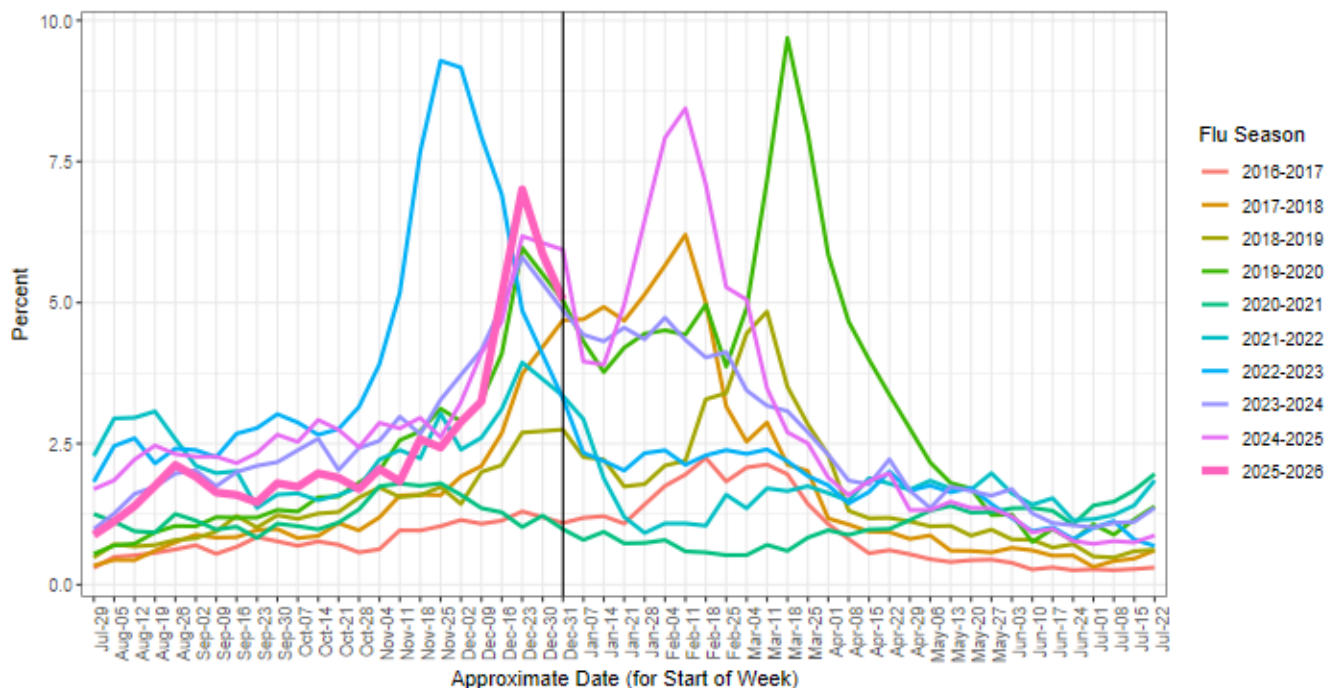
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Overview

Influenza-Like Illness (ILI) emergency department (ED) visits **decreased**, and RSV ED visits **increased** during this past week. ILI ED visits in Marion County **decreased** during Week 1, a 14.0% **decrease** compared to Week 53. For children aged 0-4 years old, ILI ED visits **decreased** by 16.2%, while for children aged 5-17 years old, ILI ED visits **decreased** by 3.1%.

Percent of ILI Related ED Visits for the Last 10 Flu Seasons



DR1202 Ariane Thomas MCPHD EPI (epidemiology@marionhealth.org) Data Source: Inductive Health ESSENCE 2026-01-11

Influenza and RSV Surveillance – Week 1, January 4, 2026 – January 10, 2026 Marion County

Influenza

- During Week 1, **5.05% or 684 of Marion County ED visits had ILI symptoms**. The current percentage is lower than last week (5.87% or 776 visits).
- In Marion County hospitals, the age group 0-4 years old had the highest percentage of ILI-related ED visits at 12.86% (161 visits), followed by 5-17 years old at 6.61% (83 visits).
- The median percentage of ILI-related ED visits for Week 1 over the last five years is 4.86%.

RSV

- The percentage of Respiratory Syncytial Virus (RSV)-related ED visits for 0-4 years old was **2.48% (31 visits)** during Week 1. This percentage is higher compared to last week (2.12% or 32 visits).
- RSV is a common respiratory virus that is the most common cause of bronchiolitis and pneumonia for children under one year of age in the U.S.

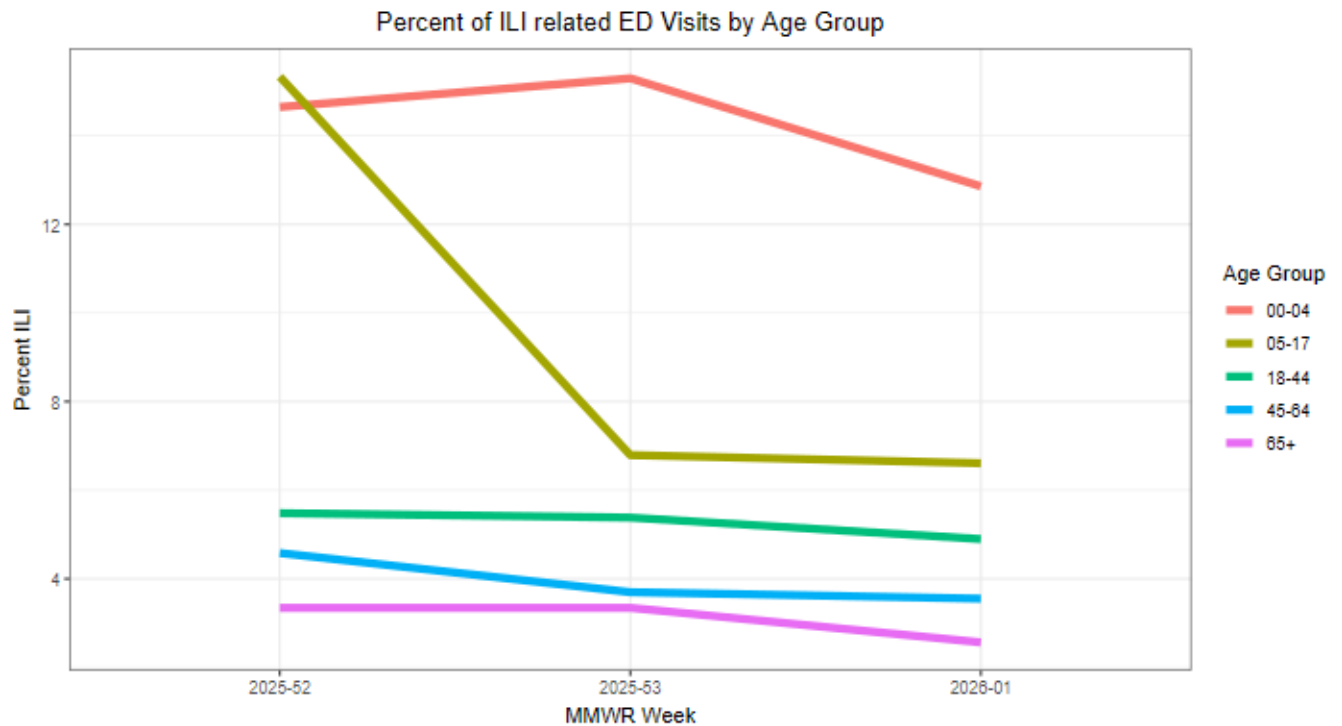
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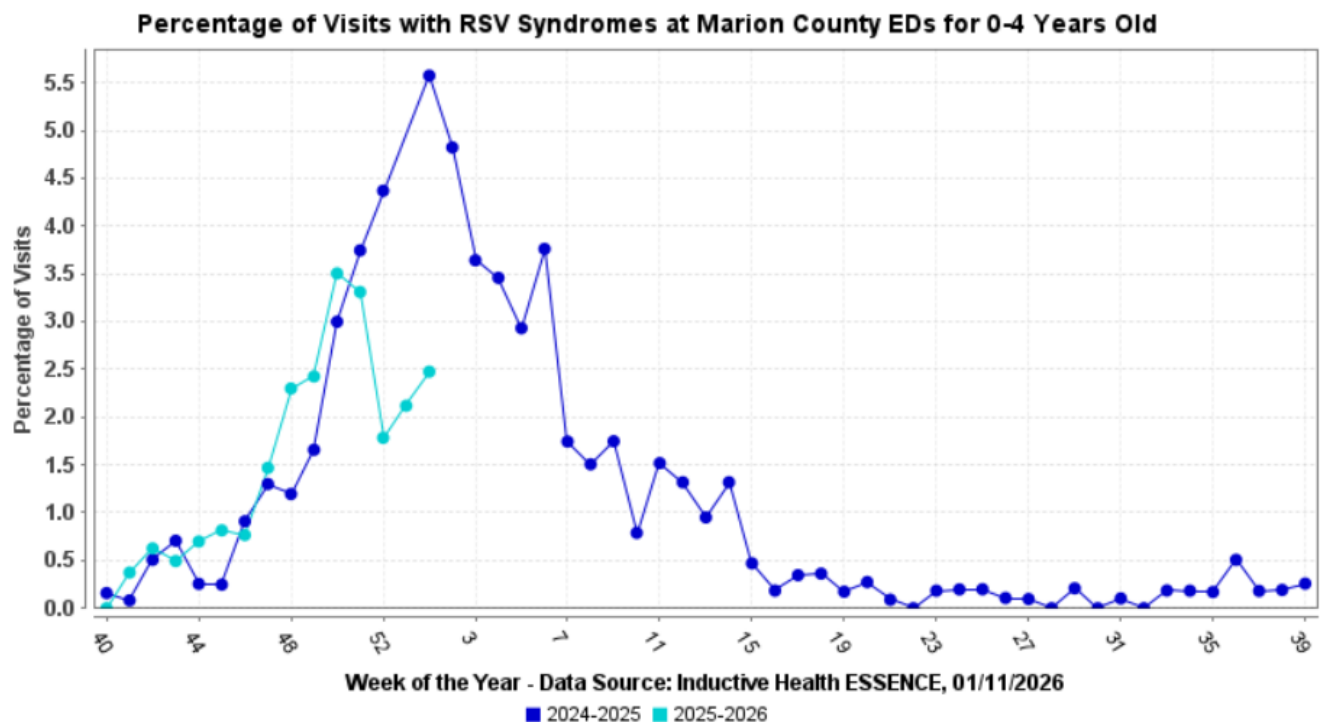
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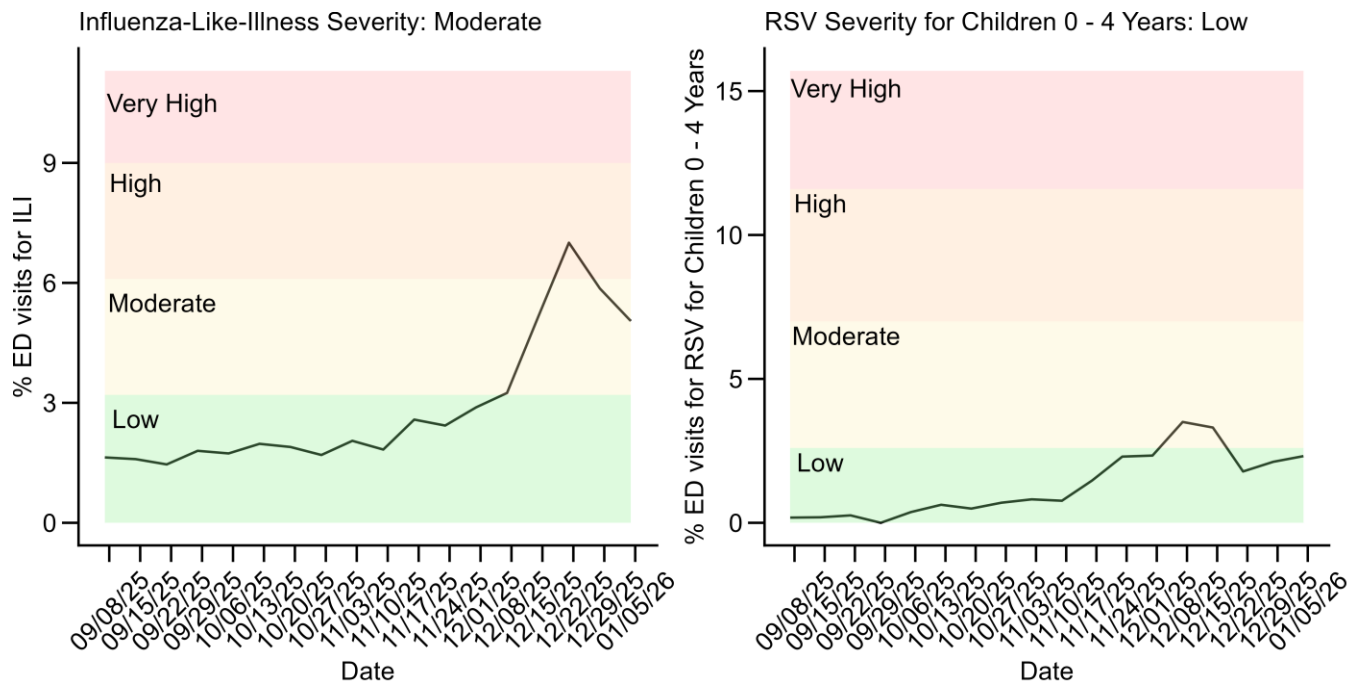
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Thresholds for ILI and RSV Severity – Week 1, January 4, 2026 – January 10, 2026

Marion County

- In Marion County, the severity of ILI is **moderate** and the severity of RSV for children 0 - 4 years old is **low** for Week 1. Severity thresholds were estimated using Marion County data from flu seasons 2017/2018 to 2024/2025.



Influenza Surveillance – Week 53, December 28, 2025 – January 3, 2026

Marion County

- During Week 53, **5.87% or 776 of Marion County ED visits had ILI symptoms.**
- In Marion County hospitals, the age group 0-4 years old had the highest percentage of ILI-related ED visits at 15.35% (230 visits), followed by 5-17 years old at 6.82% (73 visits).

Indiana

<https://www.in.gov/health/idepd/respiratory-disease/influenza/influenza-dashboard/>

- Indiana is experiencing **High** ILI activity.
- IDOH reported 5.05% ILI at ED and urgent care visits and 5.08% ILI at sentinel provider sites.
- Seven influenza-associated deaths have been reported** during Week 53. Twenty-eight deaths have been reported since the beginning of the season.

Marion County Influenza Situation Report

2025-2026 Seasonal Influenza Week 1

(January 4, 2026 – January 10, 2026)



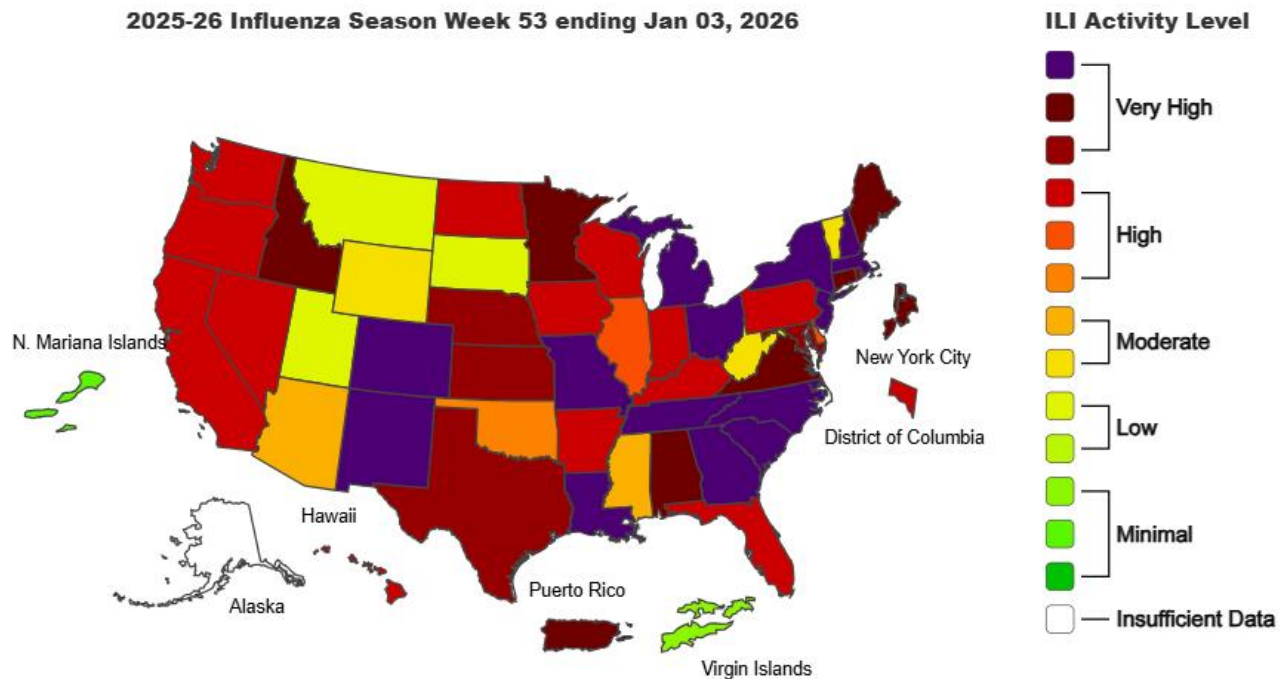
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National

<https://www.cdc.gov/fluview/>



- Seasonal influenza (flu) activity remains elevated across the country.
- According to the U.S. Outpatient Influenza-like Illness Surveillance Network (ILINet), **7.2% of outpatient visits to healthcare providers** were related to ILI (influenza-like illness). This percentage is above the baseline of 3.0%.
- During Week 53, 24.7% of **clinical laboratory specimens** were **positive for the influenza virus**.
- During Week 53, 75.4% of specimens were **positive for influenza viruses at public health laboratories**.
- **Eight influenza-associated pediatric deaths** were reported to CDC during Week 53.
 - The deaths occurred during weeks 51, 52 and 53. All deaths were associated with influenza A viruses. Six of the influenza A viruses had subtyping performed and all were A(H3N2) viruses.
 - A total of seventeen influenza-associated pediatric deaths occurring during the 2025-2026 season have been reported to CDC.

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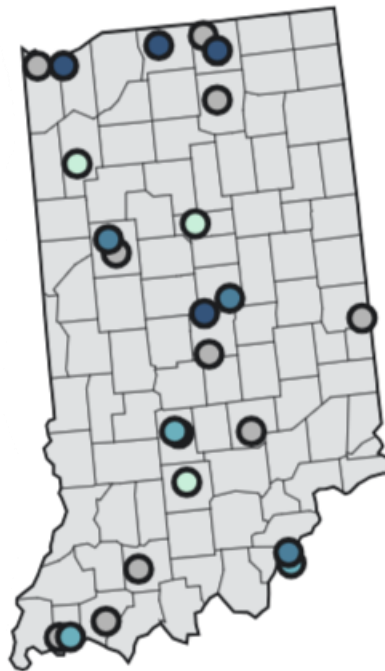
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Wastewater Viral Activity Levels – Week 53, December 28, 2025 – January 3, 2026

<https://www.cdc.gov/nwss/data-methods.html>

Influenza A Wastewater

- In Indiana, the wastewater viral activity level is currently **Moderate**.
- In Marion County, there is currently no data on the wastewater viral activity level.



Current Site Levels

Select a level to add or remove from map.

- ☒ Very High ☐ High ☐ Moderate ☐ Low ☐ Very Low
☐ No Data

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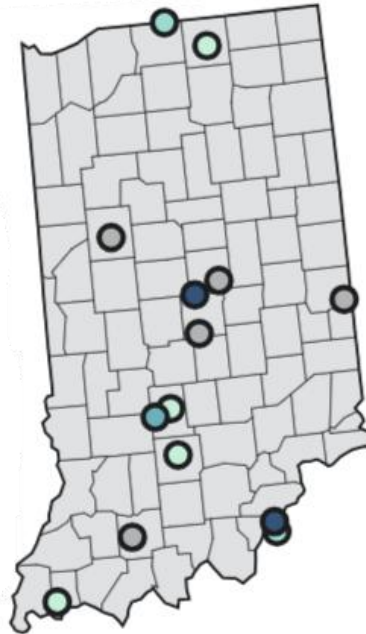
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RSV Wastewater

- In Indiana, the wastewater viral activity level is currently **Low**.
- In Marion County, there is currently no data on the wastewater viral activity level.



Current Site Levels

Select a level to add or remove from map.

- Very High ● High ● Moderate ● Low ● Very Low
● No Data