

# Influenza Situation Report

## 2014-2015 Seasonal Influenza Week 9

### (Mar. 01 – Mar. 07, 2015)

Marion County Public Health Department, IN 2015-03-13,

Please send comments or suggestions about content to [epidemiology@hhcorp.org](mailto:epidemiology@hhcorp.org).

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### Updates on Most Recent Local Activity: Current Week (Week 10, Mar. 08 – 14)

- The percent of influenza-like illness (ILI) in Marion County has decreased substantially since peaking at 4.6% on the week of Dec. 14, 2014.
- The percent and count of emergency department (ED) visits associated with ILI during the time frame Mar. 08-12 is 1.5% and 144, respectively. **Note:** During the summer off-season, percent ILI averages 0.5%.

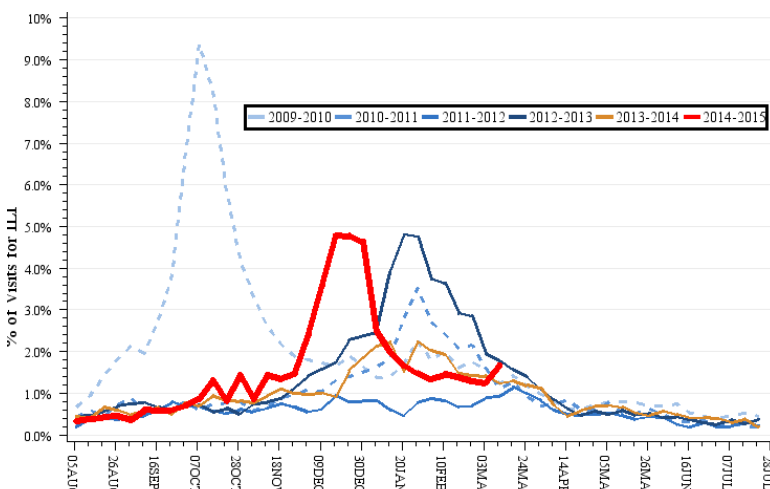
### Local (Week 9, Mar. 01 – 07)

[http://www.mchd.com/FLU/Flu\\_edv.htm](http://www.mchd.com/FLU/Flu_edv.htm)

- The percent and count of ED visits associated with ILI is 1.2% and 141, respectively.
- The age group 0-4 has the highest percent ILI at 3.5%.
- The total number of influenza associated deaths in Marion County this flu season is 19.

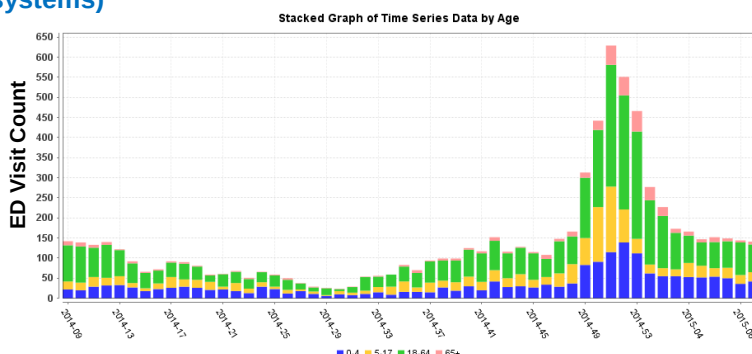
### Emergency Department Visits for Influenza-Like Illness

**Figure 1. Percent Influenza-like Illness of all ED Visits at Marion County Hospitals, Current Year and Previous Seasons**



Data Source: ISDH Public Health Surveillance System, MCHD Epidemiology

**Figure 2. Weekly Count of ILI ED Visits for Marion County Hospitals, by Age Group (Only includes currently contributing hospital systems)**



Data Source: ISDH Public Health Surveillance System, MCHD Epidemiology

**Table 1. Age group specific percent of ILI ED Visits at Marion County Hospitals, by Age Group**

| Age Group (years) | Week 9<br>%ILI | Week 5-8<br>Average<br>%ILI (Avg.) |
|-------------------|----------------|------------------------------------|
| <5                | 3.5%           | 3.8%                               |
| 5-17              | 2.0%           | 2.1%                               |
| 18-64             | 0.9%           | 0.9%                               |
| 65+               | 0.4%           | 0.5%                               |
| <b>Aggregate</b>  | <b>1.2%</b>    | <b>1.3%</b>                        |

Figure 1 represents the percent of all ED visits that were categorized as ILI. The overall percent ILI for Week 9 is 1.2% (decrease from last week).

ILI visit means that the patient reported fever with cough or sore throat, or used the word "flu" to describe either their symptoms or their reason for the ED visit.

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#### State (Week 9, Mar. 01 – 07)

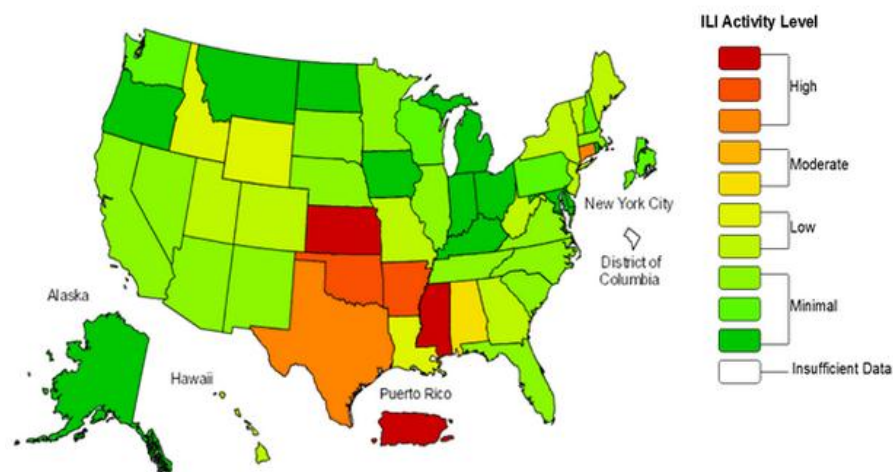
[http://www.in.gov/isdh/files/Weekly\\_Influenza\\_Report\\_Week\\_9\\_2014-2015.pdf](http://www.in.gov/isdh/files/Weekly_Influenza_Report_Week_9_2014-2015.pdf)

- Indiana is experiencing *minimal* and *widespread* influenza activity.
- ISDH reports 1.36% ILI at sentinel provider sites and 1.47% ILI at ED visits. This is an increase in both sentinel surveillance and ED surveillance compared to last week.
- The total number of mortalities in Indiana this flu season is 135.
- Among samples tested at the state lab during Week 9, 4 specimens tested positive for Influenza A/H3 seasonal virus, and 7 specimens tested positive for Influenza B seasonal virus.

#### National (Week 9, Mar. 01 – 07)

<http://www.cdc.gov/flu/weekly/>

Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet  
2014-15 Influenza Season Week 9 ending Mar 07, 2015



- The majority of states are reporting *minimal* and *regional* influenza activity.
- An estimated 2.4% of patient visits reported through the U.S. Outpatient Influenza-like Illness Surveillance Network were due to ILI. This is a decrease from the previous week (2.5%) and above the national baseline (2.0%).
- CDC reports 7 confirmed influenza-related pediatric deaths, increasing the season mortality total to 104.
- The highest rates of hospitalization are in patients of age 65 and older (277.9 per 100,000 population) and 0-4 (49.5 per 100,000 population).

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- "Among all hospitalizations, 14,226 (93.3%) were associated with influenza A, 890 (5.8%) with influenza B, 60 (0.4%) with influenza A and B co-infection, and 73 (0.5%) had no virus type information. Among those with influenza A subtype information, 4,473 (99.7%) were A(H3N2) virus and 12 (0.3%) were A(H1N1)pdm09."

### **Significant Influenza B Increase**

- This week, the number of confirmed Influenza B cases in Indiana has increased significantly and in Marion County we have seen our first case. It is not unusual for Influenza B cases to rise subsequently after Influenza A cases have dropped. The increase during Week 9 could (but does not necessarily) indicate an impending increase in Influenza B cases.

### **Visitor Restrictions Lifted**

- As of March 1<sup>st</sup>, 2015, the Indianapolis Patient Safety Coalition has lifted the patient visitor restrictions at Marion County hospitals.

### **Parotitis and Respiratory Viruses**

- Marion County physicians are reporting a high number of cases in which influenza A has been complicated by parotitis (previously known to be a rare event).
- Dr. John Christenson, Professor of Clinical Pediatrics at the Riley Hospital for Children at IU Health, recommends that RVP-PCR be carried out for such patients. If you have a case, you should also perform a mumps PCR using a buccal swab specimen and test for influenza and/or other viruses if you can.

### **CDC Health Advisory**

<http://emergency.cdc.gov/han/han00375.asp>

- "Approximately two-thirds of H3N2 viruses that have been tested at CDC are antigenically or genetically different from the H3N2 vaccine virus."



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- CDC is reminding clinicians of the efficacy of influenza antiviral medications in treating patients and reducing complications.